

Motivation to practice?

Parents, do you want a little help getting your budding musicians to practice? CSM's Short Term Practice Challenge Awards might be the key to long term practicing. Some of our students have now been successfully practicing 6 days a week for 1½ years. Here's how to participate.

1. Call our office at 359-0541. We will send you a Practice chart.
2. Your child crosses off each day that they practice. (RULE: they must practice a minimum of 6 days/week to move forward. If they practice 5 or less they start the challenge over).
3. Take the practice chart to your teacher each week to be signed off.
4. When your student reaches the end, return the practice chart to our office via the CSM drop box.
5. We will order a trophy* which will be presented at your child's next lesson or recital. *(charge for trophies).

Practice challenges achieved so far by our students include: 100 Day, 250 Day, 365 Day, and 465 Day.

Music Get Together Recital

Friday, October 20
6pm: General
7pm: Adults Only

Location: Samuel Music
1006 W Anthony Dr, Champaign

Music Builds Brain Power!

A recent article in CBS News online dated Sept 20, 2006 sited some new research that shows young children improve in memory skills and brain development when studying music. The study compared brain development in 12 children between the ages of 4-6 over the course of the year. ½ of the children were enrolled in private music lessons and the other ½ only had music at school. Laurel Trainor, a professor of psychology, neuroscience and behavior at McMaster University in Hamilton, Ontario was quoted as saying,

"That the children studying music for a year improved in musical listening skills more than children not studying music is perhaps not very surprising. On the other hand, it is very interesting that the children taking music lessons improved more over the year on general memory skills that are correlated with nonmusical abilities such as literacy, verbal memory, visual-spatial processing, mathematics, and IQ than did the children not taking lessons. This is the first study to show that brain responses in young, musically trained and untrained children change differently over the course of a year. These changes are likely to be related to the cognitive benefit that is seen with musical training."

SOURCES: Fujikoka, T. *Brain*, Sept. 20, 2006; Vol. 129; pp. 2593-2608. News release, Oxford University Press.

Website:

ChampaignSchoolofMusic.org

Student Spotlight



Katie & Danielle

Are two sisters who love music! They both take piano lessons. Danielle studies violin and both will start recorder later this year. In addition to their musical endeavors, both girls participate in the Dream Catchers 4-H Club where they have fun learning about pet care, decorating, public speaking, community service, sewing and baking. Danielle's banana bread was the class champion at this year's 4-H Expo! Katie can't wait to be able to exhibit this year. They are also both active in sports. Katie loves soccer, swimming and softball. Danielle loves soccer, volleyball and swimming. When asked about their favorite foods, Katie said she loved the strawberries right out of her own garden and Danielle loves eating at Chillis.

Teacher Spot Light

Favorite Quote:

"Smart Practice makes perfect! Music is your friend, so try to be the best friend to your instrument!"

Ms. Yeonkyeong Go

shares her love of music through the violin and is



actively growing budding CSM violinists. Her bubbling energy and excitement for teaching is contagious to her students who always seem to be smiling when they leave lessons. Ms Go started violin when she was very young and has taught for several years.

October 2006

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7	
8	9	10 Suzuki Ensemble	11	12	13	14	
15	16	17	18	19	20 Music Get Together 6pm General 7pm Adults Only @ Samuel Music	21	
22	23	24 Suzuki Ensemble	25	26	27	28	
29	30 Beginning Piano Session 2 starts. Ages 6-9	31 Piano Prep Session 2 starts. Ages 3-5	For additional information, class times, etc: 217-359-0541 or ChampaignSchoolofMusic.org				